



TASTY MOMO Cup 2025

VOLLEYBALL TOURNAMENT GUIDELINES

The Tasty Momo Cup Volleyball Tournament 2025 is a social sports event bringing together volleyball sports enthusiasts from across WA Nepali Community. Since the theme of this competition is “Teej Special” this tournament is a perfect blend of sport and culture among Nepali community residing in WA. Participants represent their Teams, competing in a friendly and spirited volleyball tournament. Beyond the game, it promotes unity, culture, gender equality, community bonding, and a shared love for sports.

Competition General Rule

TASTY MoMo Cup 2025 (Teej Special) – Nepali Volleyball Association of WA

1. General Information

- **Structure:** Pool A (4 Teams) and Pool B (4Teams) Round-robin league followed by knockout rounds.
- **Team Composition:** 6 players on the court, with up to 6 substitutes (Max)

2. Playing Format

League Match: All League Matches will be played in 2 sets matches. Both (2) sets will be played to 21 points, Team scoring 21 points first will be declared the set winner (no 2-points margin required)

Semifinal: All semifinal Matches will be played in Best of 3 formats between Winner of Pool A Vs Runner up of Pool B and Vice-versa

Women Games: All women games will be played before men's final (17 points league matches followed by 21 points final or TBC based on time availability).

- **Final:** Final Match will be played in Best of five format (Subject to time availability)

3. Court and Equipment (Subject to availability, but not limited to)

Court Dimensions: The court will measure 18m x 9m, with a net height of 2.43m for men (Open Category).

Ball: Official volleyballs approved by the organizing committee will be used (Mikasa V200W FIVB Approved).

Attire: Players must wear appropriate sports attire, including jerseys, shorts, and sports shoes.

4. Gameplay Rules (Please Refer to the Latest FIVB rules for playing regulations)



https://www.fivb.com/wp-content/uploads/2025/01/FIVB-Volleyball_Rules2025_2028-EN-v05.pdf

The umpires will provide a briefing on the latest updated FIVB rules before the game.

5. Scoring and winning

Scoring Rule:

1. Winning Straight Sets: A team that wins all sets (Straight 2 sets) will receive 3 set points (3-0).

2. Winning a Game: The winning team will earn 3 points for each game regardless of the straight (2 set) or 3 set matches. Losing team will award 1 point.

3. Third Set: If the match goes to a third set, teams will share the set win (2-1), but the winning team will still get the 3-0 match points.

4. Tied Points: If teams have tied points, the match will be decided by the number of sets won, followed by the set margin.

5. Equal Points in Group: If two teams in the same group have equal points in all categories, the winner will be determined by their head-to-head results.

Winning a Set (Knockout): The first team to reach 25 points (with a 2-point lead) wins the set. The third set or 5th set (if required) is played to 15 points.

Tiebreaker: If the score reaches 24-24 (or 14-14 in the third / fifth set), the set continues until one team gains a 2-point lead.

6. Substitutions

- Substitutes must report to the scorer's table and wait for the referee's signal before entering the court.
- A substituted player may re-enter the game, but only in the position of the player they replaced.

7. Conduct and Discipline

Fair Play: All players and coaches are expected to display good sportsmanship.

Penalties: Unsportsmanlike conduct (e.g., arguing with referees, abusive language, or aggressive behaviour) will result in a point/side-out to the opponent, or *disqualification* from the match as decided by the match referees. Referees can warn the players by showing the yellow or red cards depending on the level of misconduct by an individual or a team



Warning ("Yellow Card") - \$25/ per card fine to the team

Red Card: \$50/per card and 5 points side out to the opponent or expulsion of the player from the tournament at least for a game.

Referee Decisions: The referee's decision is final. Any disputes must be raised respectfully through the team captain.

8. Eligibility

Team Registration: All teams must register their players before the tournament begins. New Players inclusion in a particular team must follow the protocol issued by the NVAWA

9. Safety and Medical

Injuries: In case of injury, the match will be paused, and medical staff will attend to the player.

First Aid: A first aid kit and medical personnel will be available at the venue.

Hydration: Players are encouraged to stay hydrated and take breaks as needed.

10. Awards and Recognition

Trophies and Medals and awards: Winner \$2,025.00 Runner-up \$1,100.00 Trophies, medals and individual cash prizes (TBC)

11. Miscellaneous

Warm-Up: Teams will be allowed 2 minutes of warm-up time before each match.

- **Timeout Allowance:**
 - Each team is allowed 2 timeouts per set.
 - Each timeout lasts 30 seconds.
 - No technical timeouts will be given.
- **Break:** A 5-minute break will be provided between games. If a game finishes before the allocated time, the next game will commence immediately after the 5 minutes break, subject to team availability.
- **Lunch Break:** 15 Minutes immediately after conclusion of all league games (Subject to time availability)

Point System



Game Win	Game draw (1 set each)	Loss
3	2	1

Straight Set	2 Set	1 set/ draw
3	2	1

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